

**SERVING OTTAWA FOR
OVER 21 GREAT YEARS**



LOCAL HEROES

Bar & Grill

KING OF WINGS & RIBS

CATERING : 613-733-0808

WWW.LOCALHEROESRESTAURANTS.COM

BANK

1525 Bank Street
613-733-0808

CLYDE

1400 Clyde Ave
613-224-3873

STLAURENT

1760 St-Laurent Blvd
613-737-9292

BELLS CORNERS

15 Robertson Road
613-721-7700

STITTSVILLE

1250 Main Street
613-888-HERO (4376)

Coming to Ottawa back in 1973 became one of the best moves in my life. Not only did I add 2 more Grey Cup wins to my football career, but I also found a place to call home! *LOCAL HEROES BAR AND GRILL has been a dream of mine as long as I have lived in Ottawa. To have a restaurant where people could get together in friendly surroundings to enjoy quality food and great service. The dream has come true!




Check out our
Signature Dishes!

SCORING STARTERS

CHEESY BACON GARLIC BREAD STICKS

Oven baked herb bread sticks topped off with our blend of cheeses and real strips of bacon. \$7.99

FEISTY FETA DIP

Spicy Feta Dip with naan bread wedges. \$7.99



ZUCCHINI STICKS

Lightly battered and seasoned to perfection, served with garlic dip and a lemon wedge. \$7.99

LOCALS BRUSCHETTA

Take our fresh herb bread sticks and smother them with a blend of ripe tomatoes, sweet red onion, extra virgin oil, greek feta and a hint of herb. Now bake them off and you're left with the perfect starter. \$7.99

CHEESE STICKS

Lightly breaded served with garlic dip. \$10.29

LOCALS STYLE POUTINE

French fries topped with cheese and covered with hot gravy. A classic comfort food. \$7.99

LOCAL HEROES CHICKEN FLINGS

No Bones about it! 1/2 pound of our crispy breaded chicken breast chunks, mildly seasoned in your favourite sauce with fries, coleslaw and pickle. \$11.99

HOMEMADE CHICKEN TENDERS

Chicken fingers, marinated, seasoned & breaded in-house, served with fries and chipotle dipping sauce. \$10.99

NEW

SOUTHERN BUTTERFLY SHRIMP

Five butterfly shrimp served with your choice of dip. \$9.99

NEW

CRAB CAKES

Three lightly coated crab cakes. Blend of crab, lobster meat, cod, surimi and seasoned with bell peppers. Served with aioli sauce. \$8.99

NEW

GREEK SHRIMP

Four tiger shrimp baked with chopped tomatoes, black olives, feta cheese, garlic and olive oil. Served with naan bread. \$9.99

POTATO SKINS

Idaho oven baked potatoes halved and topped with cheese and bacon. \$7.99

THE CHICKEN WING PLATTER

1 lb. of jumbo or roaster wings, served with french fries & coleslaw & pickle. \$12.69

THE ORIGINAL SAMPLER

Chicken flings, cheese sticks, zucchini & potato skins. \$15.99

THE TAILGATE

Full size cheese nachos surrounded by your choice of any three of your favourite appetizers. Wings, pork side ribs, beef ribs, cheese sticks, zucchini, chicken flings, potato skins, sliced BBQ chicken breast. (Maximum 1/2 lb. of ribs, 1/2 lb. flings or 1 lb. wings per Tailgate). \$28.99

IDEAL FOR
BIG GROUPS

CHEESE NACHOS

Generous portion of crispy tortilla chips topped with salsa then covered with Tex-Mex cheese. \$9.99

HEROES NACHOS

Tortilla chips topped with our mild salsa, cheese, olives, mushrooms, oven baked and if you're brave - jalapeño peppers - Add jalapeños for \$0.55. \$10.99

CHICKEN OR BEEF NACHOS

Generous portion of crispy tortilla chips topped with grilled chicken or fajita steak, salsa then covered with Tex-Mex cheese - Add guacamole for \$1.99 - Add jalapeños for \$0.55. \$12.99



8 JUMBO GARLIC TIGER SHRIMP

Served up with sweet and spicy thai sauce, the perfect combination to start off your dining experience. Add to any of our main event entrees or salads. \$11.99

GRILLED CHICKEN OR BEEF QUESADILLA

12" flour tortilla filled with our lightly spiced Tex-Mex spread, tomatoes, onions, green peppers, Tex-Mex cheese and chicken or beef then grilled - Add guacamole for \$1.99. \$10.29

CALAMARI

Straight from the north pacific waters, lightly seasoned with our blend of herbs and spices, prepared golden crisp and served with our ultimate dipping sauce. Spiced with Cajun seasonings upon request. \$9.99



DEEP FRIED DILL PICKLES

Delicious dill pickles that are battered then fried. You'll definitely enjoy every tasty part of it as you dip it in our new chipotle sauce. \$9.99

BASKET OF SWEET POTATO FRIES - \$5.99 BASKET OF ONION RINGS - \$6.99 BASKET OF FRENCH FRIES - \$4.99

SOUPS & SALADS



SOUP OF THE DAY

Ask your server what's simmering. \$3.79

CHEF SALAD

Fresh spring mix salad, topped with mushroom, onion, green olives, green peppers, cucumber and tomato. \$7.99

Add Chicken for \$3.50 or 4 Jumbo Shrimp for \$6.00

CAESAR SALAD

Crispy romaine tossed with our seasoned croutons, parmesan cheese and caesar dressing. Bacon is added upon request. \$7.99

Add Chicken for \$3.50 or 4 Jumbo Shrimp for \$6.00

GREEK SALAD

Sliced tomato, cucumber, and red onion topped with feta cheese & kalamata olives and dressed with an olive oil blend. \$11.35



GRILLED FAJITA STEAK SALAD

Fresh romaine and diced tomatoes topped with grilled, sliced fajita steak, mushrooms and onions, sprinkled with feta. Served in a large crispy taco shell. \$11.99



TEX MEX SALAD

Fresh spring mix salad tossed in our sun dried pesto vinaigrette topped with ripened tomatoes, green peppers, jack cheese, seasoned tortilla chips, grilled chicken and more jack cheese. Other dressing options are available and served on the side. \$11.99

Choice of Salad Dressings:

Sun Dried Tomato Vinaigrette, Balsamic Vinaigrette, Blue Cheese, Italian, Ranch, Low-Calorie Garlic, Chardonnay Vinaigrette

PANINIS

All our panini sandwiches are served with a choice of fries, baked potato, rice, soup or chef salad.

CUBAN PANINI

Grilled chicken breast topped off with ham, swiss cheese and smothered with our homemade aioli sauce. \$9.99

GARDEN FRESH PANINI

Grilled green peppers and mushrooms, sliced red onion, crisp kosher pickles, ripe tomatoes, sharp cheddar cheese, smooth swiss cheese smothered in our homemade aioli. \$8.39

SOUTHWEST STEAK PANINI

Strips of steak with shredded mozzarella/brick blend, sauteed onions & mushrooms topped with Forty Creek BBQ Sauce then drizzled with our new chipotle sauce stacked on our panini bread pressed to perfection. \$10.99

LOCALS PANINI

A generous portion of smoked ham, zesty pepperoni and cured back bacon topped off with swiss cheese and our homemade aioli. \$7.99

EXTREME PANINI

Bring on the heat! A lightly seasoned chicken breast tossed in hot sauce and topped off with blue cheese, ham and our own aioli. Substitute blue cheese for swiss. \$10.99

SMOKED MEAT PANINI

Enjoy a generous portion of old fashioned smoked meat topped off with sauteed onions, swiss cheese and stacked onto our fresh panini bread. \$9.99

SANDWICHES, WRAPS & SUBS

All our deli style sandwiches are served with a choice of fries, baked potato, rice, soup or chef salad, coleslaw and pickle. When selecting a salad as a side for your sandwich the coleslaw is not included. Subs do not include coleslaw and pickle. All sandwiches can be made into wraps - either white or whole wheat.

THE BONANZA

6oz of inside round roast beef served on a fresh ciabatta bun with grilled onions, swiss cheese and our Forty Creek BBQ sauce. \$11.99

SMOKED MEAT SANDWICH

Montreal original old fashioned smoked meat, served on rye. \$10.99

Big Smoked MEAT PLATTER

Platter of old fashioned smoked meat, build your own sandwich. \$13.99

CALIFORNIA WRAP

Chicken, tomato, lettuce, cheese and cranberry mayonnaise dressing. \$10.99

LOCAL HEROES WRAP

Fajita steak, mozzarella/brick blend cheese, mayo, lettuce and tomato drizzled with forty creek sauce. \$11.79

SUPREME CHICKEN SANDWICH

Grilled breast of chicken topped with melted swiss cheese, served on a ciabatta bun with all the fixings. \$10.99

PULLED PORK SANDWICH

Tender pieces of pull pork marinated in our own BBQ sauce. Served on a fresh kaiser bun with french fries, coleslaw and a pickle. \$11.99

BBO Chicken Sandwich

Grilled breast of chicken smothered in BBQ sauce, served on a ciabatta bun with all the fixings, coleslaw and pickle. \$10.99

TRADITIONAL CLUB

Double Decker sandwich with real chicken breast, bacon, lettuce & tomato served on toasted bread and quartered, coleslaw and pickle. \$11.59

GREEK WRAP

Grilled chicken; tomatoes, onions, feta, tzaziki and cucumbers served with rice, coleslaw and pickle. \$10.99

THE NEW THEO

Grilled chicken breast topped off with red onions, crispy bacon, swiss cheese and a dash of our original Theo sauce baked to perfection and served with golden crisp fries or your favourite side. \$10.99

PHILLY STEAK SUB

Fajita steak served on a sub bun with sautéed onions, mushrooms, green peppers & melted mozzarella/brick blend cheese. \$9.99

MEATBALL SUB

5 delicious meatballs topped with mozzarella/brick blend cheese and bolognese sauce an Ottawa classic. \$9.99

CHICAGO STYLE GYRO

Generous pieces of marinated lamb & beef gyro meat served with creamy tzatziki sauce diced tomatoes & lettuce served with fries. \$9.99

OTTAWA'S ORIGINAL KING OF WINGS & RIBS

On opening day the shipment of wings came in, we opened it up, and we'd never seen anything like 'em...juicy, meaty...We decided to serve them and we never looked back as they became an Ottawa Classic

WE USE 100% TRANS FAT FREE OIL - BAKED ON REQUEST



JUMBO ORIGINAL WINGS

Split upon request

1 pound - \$9.59
2 pounds - \$18.69
4 pounds - \$36.39

THE ROASTER WING

Tip removed, split

1 pound - \$9.59
2 pounds - \$18.69
4 pounds - \$36.39

CHICKEN FLINGS

No Bones about it! Crispy breaded real chicken breast chunks, mildly seasoned in your favourite sauce.

1/2 pound - \$9.59 1 pound - \$18.69
2 pounds - \$36.39

ST-LOUIS RIBS

Oven baked pork ribs, tender and flavourful, includes fries & coleslaw

Single (1/2 Rack) - \$12.29
Double (Full Rack) - \$20.99

BEEF RIBS

Oven baked, tender and flavourful, includes fries & coleslaw

Single (1/2 Rack) - \$11.89
Double (Full Rack) - \$20.59

THE LIL' HEIFER PLATTER

Served with french fries or rice or chef salad and coleslaw & pickle. Choose one kind of wings and one kind of ribs

1 lb of Wings - Jumbo, Roaster or 1/2 lb. of Flings
Pork Ribs (1/2 Rack) OR Beef Ribs (3 BONES)
\$20.99

THE HUNGRY HEIFER PLATTER

Served with french fries or rice or chef salad and coleslaw & pickle. Choose one or two kinds of wings and one or two kind of ribs

2 lbs of Wings - Jumbo, Roaster or 1 lb. of Flings
Double Ribs - Beef or Pork
\$38.70

THE SAUCES

Mild, Medium, Hot, 911, Teriyaki, Sweet & Sour, Honey Garlic, Spicy Thai, Forty Creek BBQ sauce, Sweet Chili Thai Sauce, Smoked Lime & Tequila Sauce, Dry Sauces : Salt & Pepper, Lemon Pepper, Cajun dry rub

Heinz Dipping Sauces: Ranch, Creamy Garlic or Cheddar Chipotle \$0.99 each **NEW**

LODGE BURGERS

OUR GOURMET BURGERS ARE MADE WITH 8 OZ. OF GROUND BEEF, THEN CHAR-BROILED TO PERFECTION, SERVED ON A FRESH KAISER BUN WITH ONIONS, LETTUCE, TOMATOES. CHOICE OF FRIES, BAKED POTATO, RICE, CHEF SALAD OR SOUP, COLESLAW AND PICKLE (EXCEPT WHEN CHOOSING SALAD)

TRADITIONAL BURGER PLATTER

A homestyle burger for a healthy appetite. \$9.99
Add Cheese for \$1.00

THE PURE CANADIAN PLATTER

Your basic patriotic Burger eh! Served with back bacon and Canadian cheddar. \$11.99

BACON CHEESE BURGER PLATTER -

Topped with Canadian Cheddar and bacon strips. \$11.99

FORTY CREEK BBO BURGER PLATTER

Our 8oz gourmet hamburger topped with swiss cheese, Forty Creek BBQ Sauce and sautéed onions & mushrooms. \$11.99

CRISPY BUFFALO CHICKEN BURGER

Breaded chicken breast coated in Frank's hot sauce, topped with ranch dressing, tomatoes and lettuce. \$11.99

PEPPERCORN BURGER PLATTER

Our 8 oz gourmet burger topped with peppercorns and swiss cheese garnished with sautéed mushrooms and onion rings. Served with onion rings. \$12.99

THE MAIN EVENT

Add our garlic bread sticks for \$1.99. Spice up your dish with 4 jumbo shrimps to any of our main event entrees for \$6.00. Substitute any side with our baked potato. Add peppercorn sauce for \$2.49. Add Garlic Parmesan loaf for \$2.49.

AAA ALBERTA Strip Steak

(6 oz) - \$11.99 (10 oz.) - \$15.99

Comes with a starter house salad (Caesar Salad \$0.99 extra) and served with glazed vegetables, and your choice of side.

SESAME GINGER Teriyaki Chicken Stir fry

Grilled chicken and a medley of vegetable tossed in sesame Ginger Teriyaki sauce and served with your choice of seasoned rice or penne noodles. \$11.99

Spicy SHANGHAI Chicken Stir fry

Grilled chicken and a medley of vegetable tossed in Spicy Shanghai sauce and served with your choice of seasoned rice or penne noodles. \$11.99

SUMMER Grilled Chicken BREAST

Charbroiled chicken breast marinated in our seasoning, Local's own BBQ Sauce with rice and caesar salad. \$13.99

BLACKENED CAJUN Style Chicken BREAST

A double whammy of our juicy and tender chicken breasts blackened cajun style served with a crisp garden salad and a baked potato. \$13.99

BLACKENED ATLANTIC SALMON

6 oz fillet of salmon blackened cajun style served with house salad, seasoned rice and sweet potato fries. Available non blackened. \$14.49

GREEK GYRO DINNER

A delicious combination of lamb and beef gyro, served with seasoned rice, an authentic greek salad, tzaziki and naan bread. \$12.99

Chicken PARMIGIANA

Comes with a starter house salad (Caesar Salad \$0.99 extra) Lightly seasoned chicken breast topped off with zesty marinara sauce, mozzarella/brick blend cheese and baked off in the oven until golden brown. Served with spaghetti and meat sauce and garlic bread. \$13.99

LOCAL HEROES Chicken PENNE

Comes with a starter house salad (Caesar Salad \$0.99 extra) A grilled boneless chicken breast tossed in our creamy alfredo and sun dried tomato pesto sauce, served with garlic bread sticks. \$13.99

Chicken OR Beef Fajitas

Chips & salsa to start, sliced grilled chicken or fajita steak accompanied by sautéed onions and green peppers on a sizzling skillet. Served with flour tortillas, cheese, sour cream, salsa, and lettuce. Add guacamole - \$1.99 \$17.99

Chicken BROCHETTE

Two skewers of marinated chicken breast served with seasoned rice, Greek salad and tzatziki sauce. \$14.25

SPAGHETTI AND MEATBALLS

5 delicious meatballs covered in our tasty bolognese sauce, great game day meal. Served with garlic bread sticks and starter salad. \$13.85

CAPTAINS CUT Fish & Chips

A generous 8oz battered haddock fillet. Served with your choice of side, lemon wedge and tartar sauce. \$11.99

NEW

PIZZA CHAMPS

CHEESE

10" - \$7.83 15" - \$15.26

PEPPERONI

10" - \$9.16 15" - \$17.53

VEGETARIAN

onion, mushroom, green peppers, green olives and tomatoes

10" - \$10.13 15" - \$20.19

Combo

pepperoni, mushrooms, green peppers

10" - \$9.96 15" - \$19.53

MEAT LOVER'S

pepperoni, Italian sausage, ground beef, ham, bacon

10" - \$11.07 15" - \$21.73

Chicken PESTO Pizza

Chicken, onions, jalapeno peppers, swiss cheese, mozzarella/brick blend & lightly sauced with pesto instead of pizza sauce for a delicious flavour

10" - \$11.07 15" - \$21.73

Additional Toppings

Pepperoni, Mushroom, Green Peppers, Jalapeño Peppers, Banana Peppers, Onion, Tomato, Green Olives, Ham, Bacon, Ground Beef, Italian Sausage

10" - \$0.99 15" - \$1.99

SANTA FE BACON PIZZA

Ground beef, bacon, tomato, onions topped with Tex Mex cheese and lightly sauced with Forty Creek BBQ instead of pizza sauce for an awesome taste!

10" - \$11.07 15" - \$21.73

THE NEW DEANS PIZZA

Chicken, red onions, mushrooms, olives on a thin crust topped with mozzarella/brick blend cooked golden brown to perfection

10" - \$11.07 15" - \$21.73

Spicy BBQ Chicken Pizza

A signature of the south this pizza will make your mouth water. We spread a Hot and Forty Creek mixed sauce out then top it with chicken, bacon, sautéed onion, green peppers, and banana peppers. Top that with Tex Mex cheese and Cajun spice then cook it to perfection.

10" - \$11.07 15" - \$21.73

NEW

GOURMET Toppings

Chicken, Flank Steak, Smoked Meat, Roast Beef, Black Olives, Cheese

10" - \$2.59 15" - \$4.99

CUSTOMIZE YOUR OWN PIZZA!!

Additional toppings are extra. Choose, from: mushrooms, green peppers, jalapeño peppers, onions, tomatoes, pepperoni, ham, beef, chicken, hamburger, green olives, Italian sausage. Every individual that orders our regular price pizza can enjoy a side of Caesar salad for only \$2.19

Heinz Dipping Sauces: Ranch, Creamy Garlic or Cheddar Chipotle \$0.99 each **NEW**

BUILD YOUR OWN PASTA

CREATE YOUR OWN ALL-STAR LINE-UP FOR \$10.85 ... FROM THE FOLLOWING OPTIONS:

STARTER SALAD:

House Garden Salad & Garlic Sticks
or upgrade to Caesar Salad for \$0.99 extra
or Greek Salad for \$1.99 extra

PASTA:

Penne, Spaghetti, Fettucini, Linguini
Cheese Stuffed Tortellini (\$1.99 extra)
Whole Wheat Pasta (\$1.99 extra)

SAUCE:

Bolognese, Marinara, Alfredo, Rosé,
Alfredo Pesto, Marinara Pesto,
Alfredo Sundried Pesto

EXTRAS: Grilled SEASONED CHICKEN \$3.50, JUMBO GARLIC TIGER SHRIMP \$6.00, 5 MEATBALLS \$2.99

VEGETABLE MEDLEY \$1.00, GARLIC PARMESAN LOAF \$2.49

FUTURE HEROES (KIDS MENU)

All selections served with a small pop, milk or juice (5 oz.) (12 years and under & seniors over 65)

JUNIOR LH's Chicken Fling

Served with fries. \$5.99

JUNIOR BURGER

Served with fries. \$5.99

JUNIOR LH's Pizza

Plain or pepperoni. \$5.19

JUNIOR Grilled CHEESE

Served with fries. \$4.99

JUNIOR LH's Wings

Four small wings served with fries. \$5.99

JUNIOR SPAGHETTI \$5.19

JUNIOR LH's Chicken TENDERS \$5.99

Served with fries.

JUNIOR LH's Nachos \$5.19

JUNIOR MACARONI & CHEESE \$5.99

JUNIOR Sole Fingers

3 fish sticks served with fries. \$5.99

DESSERTS



A HEROES Finish

Buckle your seat belts this dessert is sure to take you for a ride. Freshly baked dough served hot out of our oven with a cinnamon sugar glaze, chocolate syrup and a choice of strawberry or apple topping. Truly a "Heroes Finish"! \$5.25

À la mode - Add \$0.99

HEROES SHAKES

Back by popular demand, thick and creamy milkshakes to cool you off or to satisfy that sweet tooth, choose from three flavours: Vanilla, Strawberry and Chocolate. \$3.25

CHICAGO'S FAMOUS Eli's CHEESECAKE

Old fashioned Cheesecake. Chocolate or strawberry \$5.25

BROWNIE DELIGHT À LA MODE \$6.25

Apple CARAMEL CHEESECAKE

Northern Spy Apple filling, gently nestled between streusel and then topped with a drizzling of additional Caramel. A classic taste experience. \$5.25

OREO CHEESECAKE

Your favourite cookie now available as a decadent dessert. \$6.25

ICE CREAM SUNDAE

Chocolate or strawberry. \$5.25

HERO TAILS

Served with cinnamon & sugar. Strawberry topping available upon request. \$5.25

DEEP FRIED ICE CREAM

A perfect treat for that sweet spot - chocolate or strawberry. \$5.99



CARROT CAKE

A traditional Canadian favourite! Three layers of a light carrot cake with cream icing filling. Topped with miniature rosettes and chopped walnuts make this a classic treat! \$5.25

CHOCOLATE Chip HONEY BALLS

Golden balls of dough filled with chocolate chips and drizzled with honey and cinnamon sugar. Addictive! \$5.25



COCKTAILS & DRINKS



Ask your server about additional choices.

DRAFT BEER

	12 oz.	20 oz.	1/2 PITCHER	PITCHER
CANADIAN - COORS Light	\$3.27	\$5.22	\$7.61	\$14.96
FOSTERS - MGD	\$3.45	\$5.62	\$8.10	\$16.15
Rickard's Red, Pale, White, Dark	\$3.45	\$5.62	\$8.10	\$16.15

BOTTLED BEER

	355ml	710 ml	CAN
DOMESTIC	\$4.12	\$8.36	\$5.64
PREMIUM	\$5.27		
Becks, CORONA, Stella, HEINEKEN	\$5.40		
GUINNESS			\$6.42
STRONGBOW CIDER	\$5.97		\$5.64

LIQUOR SHOTS

	BAR RAIL	DOUBLE	PREMIUM	DOUBLE PREMIUM
RYE, RUM, Vodka, GIN OR SCOTCH BRANDY	\$4.65	\$7.65	\$5.40	\$8.89

SHOOTERS

Melonball, Fuzzy Navel, Sambucca, Fireball, BUTTERSCOTCH Ripple, Schnapps	\$4.42
TEQUILA	\$5.44
B-52, AFTER EIGHT, CHOCOLATE Chip, CHINA WHITE, BLUE CADILLAC, AND MORE	\$4.87

HOUSE WINES

	WHITE	GLASS
Lindemans Semillon-Chardonnay		\$6.55
		1/2 L \$16.15
	RED	1 L \$29.96
SHIRAZ-CABERNET		

COCKTAILS

\$5.97 TO \$6.55

MIKE'S HARD

LEMON, CRANBERRY & PINK - \$6.28

SPECIALITY COFFEES

\$6.15

LIQUEURS

SINGLE DOUBLE

PREMIUM: \$5.27 \$8.67

EXTRA PREMIUM: \$6.55 \$10.80

COFFEE OR TEA

\$1.98 \$2.61 PITCHER: \$8.49

MILK / CHOCOLATE MILK

Small: \$1.56

LARGE \$2.30

BOTTLED ROOT BEER

\$3.45

Taxes not included.

Groups of 15 and over a 15% Gratuity will be added before taxes. All seniors 10% off (not on specials)

REMEMBER HEROES DON'T DRINK & DRIVE.



WE DRIVE YOU AND YOUR CAR HOME. CALL 613.248.0444

STEAK SPECIALS

8oz AAA BASEBALL STEAK

\$18.95

We start with thick cut AAA top sirloin and season it with Montreal steak spice then grill it to perfection. We finish the plate with Locals own peppercorn sauce, a large baked potato and house garden salad. Due to the thickness of this steak we do not cook this steak past medium.



6oz FILET MIGNON

\$19.95

We start with beef tenderloin season it with Montreal steak spice then grill it to perfection. We finish the plate with Locals own peppercorn sauce, a large baked potato and house garden salad.



THE FULL MONTY

BASEBALL \$27.95 OR FILET \$28.95

We start you off with our signature garlic parmesan loaf and Caesar salad while we select your choice of steak season it with Montreal steak spice then grill it to perfection. We finish the plate with Locals own peppercorn sauce, a large loaded baked potato and four garlic tiger shrimp.



STEAK UPGRADES

CAESAR SALAD - \$0.99

FOUR GARLIC TIGER SHRIMP - \$6.00

LOADED BAKED POTATO - \$2.49

GARLIC PARMESAN LOAF - \$2.49

MUSHROOMS - \$1.95

GRILLED CHICKEN BREAST - \$3.50

ADD AN ADDITIONAL STEAK OF YOUR CHOICE - \$9.95